1: Holmberg--87 (1941-42) 1950 Siriono
116, 278, 757

"In general the materia medica is sparse. Uruku, whose curing properties are believed to be very beneficial, is the panacea for all ills. Its powers are believed not only to drive out the evil spirits that cause disease, but to protect one from them as well. Consequently, in sickness or in health, the Indians are rarely seen without a protective covering of uruku. Whenever I myself was ill, uruku was always the first remedy suggested to me by my Indian friends."